

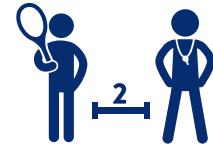
PLAYING TENNIS DURING LOCKDOWN



**Max 2 people per court
(unless players are all
from the same household)**



**Only handle your own
racket and personal
(marked) tennis balls**



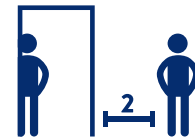
**Only one to one
coaching permitted**



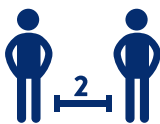
**Avoid changing ends
or change at opposite
sides of net**



**No shaking hands or
physical contact with
other players**



**Allow others to leave
before you enter the
court - wait away from
the gates**



**Maintain social
distancing (2m rule)
at all times**



**Follow public health
guidelines for hygiene**



**Do not play if you are
self-isolating**